



### TWO PRACTICE LOCATIONS:

970 Lake Carrolton Rd Suite #180 St. Peterburg, Florida 33716 727-266-6656

Our Florida specialty practice is located in St. Petersburg is close to Clearwater and Tampa.

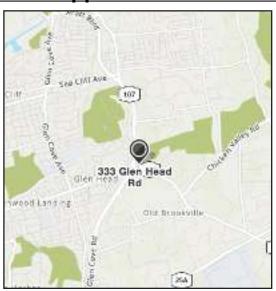
333 Glen Head Rd, Suite #218 Old Brookville, New York 11545 516-730-3453

Our New York specialty practice is located on Long Island's beautiful north shore. Conveniently located off of 107 our beautiful medical building has elevator and handicapped access plus convenient free parking.

**HIGHLY LIMITED NY PRACTICE HOURS:** 

Tuesdays 9:30AM-1PM, 3PM-7PM

### www.UpperBackRelief.com



# The Center for Upper Back Pain Relief



The First Upper Back
Pain Specialty Practice
In the USA

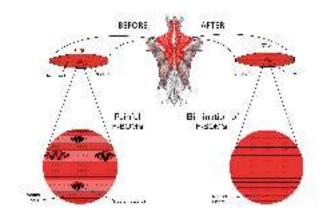
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### The 4 Most Common **Reasons People Suffer**

Poor posture, traumatic injury, repetitive workplace injury, & improper smart phone use are to blame for chronic upper back pain. need to be rehabilitated.

### The Root Cause of **Upper Back Pain**

Most people suffer from chronic unrelenting upper back pain due to fibrous bundles of muscle (F-BOM's) that



## **How Can We Help You?**

Without appropriate care upper back pain can be unrelenting. It can interfere during both ones waking hours and while asleep. Common treatments normally fail to provide long-term relief because they don't directly address the fibrous bundles of muscles that must be rehabilitated.

Our exclusive treatment targets the root cause of your upper back pain immediately from your very first treatment. With laser-like precision our specialized 4-step treatment methodically reduces pain, increases range of motion, improves sleep, and vastly improves overall quality of life. Discover the difference during your consultation.

# **Your Upper Back Pain Specialist**

With 20+ years of experience in healthcare, Dr. Justin Mandel, DOM AP LAC is America's first upper back pain specialist. Originally trained as an alternative medicine practitioner, he always seeks to support the body naturally.

He's the developer of the patent-pending TrapEAZE Technique®. This 4-step system methodically minimizes and/or eliminates the root cause of upper back pain. It is 100% noninvasive, non-surgical, and non-opioid. It doesn't require any needles at all. This amazing treatment must be experienced to be believed.

Dr. Justin has treated and/or examined over 25,000 pain patients and has performed tens of thousands of treatments. He's a Florida based Doctor of Oriental Medicine and acupuncture physician who also holds a New York state acupuncture license.



Dr. Justin Mandel, DOM AP LAC

#### How We Work?

All prospective patients start with a 30-minute personalized consultation to determine if we can help or not. If we can't help we refer out to the right provider who can.

#### Report of Findings

We provide the medical industry's most advanced report of findings. It identifies the extent of 9 different variables that can all contribute to your upper back pain.



### **Patient Education**

Based on 20+ years of experience we know that an educated patient is the best patient there is! In order to educate prospective patients before our consultation is scheduled we offer an instant 10minute online webinar so you can get to know us better. This quick informative webinar goes into detail about upper back pain symptoms, discusses XXX, and explains what to expect from us.

To watch our webinar go to

www.UpperBackRelief.com and click on the "First Step" tab at the top. Click on the white banner at the bottom of that page and you'll be brought to a sign up page. Just enter your details to watch and then sit back, relax, and learn!